

# SOPHIE WESTBROOK

sophiewestbrook@ksu.edu  
orcid.org/0000-0002-0742-3781

1107 Throckmorton Plant Sciences Center  
1712 Claflin Road, Manhattan, KS 66506

## EXPERIENCE

---

**Research Assistant Professor**, Kansas State University 2024–present

50% research and 50% teaching

Instructor: Agron 251 (A, ZA), 260, 400, 462, 490/790, 640, 670, 810

Interim Associate Director, Rannells Flint Hills Prairie Preserve (2024–2025)

**Graduate Student**, Cornell University 2020–2024

Ecology of weeds and agricultural ecosystems

**Research Technician**, Purdue University 2019–2020

Stomatal mechanics and drought resistance

## EDUCATION

---

**PhD** Cornell University, Soil and Crop Sciences May 2024  
GPA: 4.3/4.3

**AB** Harvard University, Integrative Biology May 2019  
Graduated *summa cum laude*, GPA: 4.0/4.0

## TEACHING

---

**Agronomy Seminar** (1 credit; co-coordinator) S 2025, F 2025

**Cropping Systems** (3 credits) F 2025

**Field Identification of Range and Pasture Plants** (1 credit) F 2025

**Range Management Problems** (1–3 credits) F 2024, S 2025, F 2025

**Range Management** (3 credits in-person + online) F 2024, F 2025

**Agricultural Biodiversity** (3 credits) S 2025

**Range Management Planning** (3 credits) S 2025

**Range Grasses** (2 credits) F 2024

**Principles and Practices in Certified Organic Agriculture** (TA) S 2024

**Weed Biology & Management** (Co-instructor)

F 2023

---

**ADVISING**

---

**Undergraduate Advisor** (1 student)

**Undergraduate Faculty Mentor** (4 students)

**Graduate Advisor** (1 student)

**Graduate Committee Member** (2 current and 2 former students)

---

**SERVICE**

---

**Undergraduate Scholarship Committee** 2025–present

**Course and Curriculum Committee** 2025–present

**Kling Anderson Lecture Committee** 2024–present

**Range Management Faculty Search Committee** 2024–2025

**Geospatial Science Faculty Search Committee** 2023–2024

**Agroecology Group** (Organizer) 2022–2024

**Atkinson Center Sustainable Solar Group** (Student Representative) 2022–2024

**Graduate Student Association** (Treasurer) 2020–2024

**Harvard Science Review** (President) 2015–2019

---

**HONORS**

---

**Outstanding Reviewer Award** 2025  
*Invasive Plant Science and Management* journal

**Outstanding Teaching Assistant Award** 2024  
Awarded to one or two students per department at Cornell University

**Barbara McClintock Award** 2024  
Awarded to four students in the School of Integrative Plant Science

**Gerald O. Mott Award** 2024  
Awarded to one student per department by Crop Science Society of America

<b>MacDonald-Musgrave Outstanding Graduate Student Award</b> Awarded to one student in Soil and Crop Sciences at Cornell University	2023
<b>Robert D. Sweet Outstanding MS Student</b> Awarded to one student in Northeastern Weed Science Society	2023
<b>Sophia Freund Prize</b> Awarded to the highest-ranking graduating senior(s) at Harvard University	2019
<b>Phi Beta Kappa Senior 48</b>	2019

#### EXTRAMURAL FUNDING

---

##### *Competitive Grants, Current (\$255,620)*

USDA NRCS Kansas Conservation Innovation Grants (\$123,545) <ul style="list-style-type: none"> <li>This grant has been neither executed nor officially cancelled</li> <li><b>Lead PI</b>, <i>“Remote-operated Robotic Mowers (RRMs) for Invasive Weed Control: Novel Application of an Emerging Technology to Promote Sustainable Rangeland Management”</i></li> </ul>	2025–2028
USDA NRCS Kansas Conservation Innovation Grants (\$83,261) <ul style="list-style-type: none"> <li>This grant has been neither executed nor officially cancelled</li> <li>Co-PI, <i>“Evaluating the Effectiveness of Drones for Seeding Cover Crops”</i></li> </ul>	2025–2027
Weed Science Society of America Innovative Grants Program (\$23,814) <ul style="list-style-type: none"> <li><b>Lead PI</b>, <i>“Integrating Research and Education to Understand Adaptation at Multiple Spatiotemporal Scales in Water-Limited Rangeland Weeds”</i></li> </ul>	2025–2026
Carbon A List (\$25,000) <ul style="list-style-type: none"> <li>Co-PI, <i>“Developing a Land Use Change Database for Kansas State Using High-Resolution Imagery and Open Data Sources”</i></li> </ul>	2025–2025

##### *Competitive Grants, Pending (\$1,269,579)*

USDA NIFA AFRI Foundational & Applied Science (\$749,988) <ul style="list-style-type: none"> <li><b>Lead PI</b>, <i>“Harnessing Agronomy, Ecology, and Technology to Increase Manageability and Efficacy of Pollinator Plantings in Grain Cropping Systems”</i></li> </ul>	2026–2031
USDA NIFA AFRI Foundational & Applied Science (\$299,749) <ul style="list-style-type: none"> <li><b>Lead PI</b>, <i>“Harnessing Living Mulches to Maximize Profitability, Soil Health, and Weed Suppression in Grain Cropping Systems”</i></li> </ul>	2026–2028

Kansas Soybean Commission (\$110,001) 2026–2028

- **Lead PI**, *“Optimizing cover crop species and management to minimize pests, disease, weeds, and drought in soybean”*

Corteva via HALO (\$99,873) 2026–2028

- **Lead PI**, *“Optimizing Cropping Systems Management to Maximize Fallow Efficiency”*

EPSCoR Track 2 MICRA (\$9,968) 2026–2027

- **Lead PI**

***Competitive Grants, Completed (\$16,851)***

Schmittau-Novak Integrative Plant Science Small Grants (\$9,621) 2023–2024

- Co-PI, *“Bridging molecular, physiological, ecological, and biogeographical scales to understand how elevated temperature affects Palmer amaranth performance and control”*

Atkinson Center Sustainable Biodiversity Fund (\$7,230) 2023

- **Lead PI**, *“Restoring biodiversity and ecosystem services to agricultural landscapes: Are annual flower strips the answer?”*

***Competitive Grants, Not Funded (\$1,700,083)***

[Preproposal] Foundational for Food and Agricultural Research (Est. \$450,000) 2026–2030

- **Lead PI**, *“Integrating Livestock, Annual Forages, and Cover Crops into Kansas Grain-Based Cropping Systems”*

USDA NIFA AFRI Foundational & Applied Science (\$747,075) 2025–2029

- **Lead PI**, *“Integrating Ecological and Management Perspectives to Assess Indirect Effects of Climate Change on Invasive Rangeland Weeds”*

[Preproposal] NCR Sustainable Agriculture Research and Education (Est. \$199,000) 2025–2028

- **Lead PI**, *“Harnessing Multi-Seed Pellet (MSP) Technology for Restoration and Biodiversity Enhancement on Marginal Lands in Kansas”*

USDA NIFA AFRI Foundational & Applied Science (\$299,185) 2025–2027

- **Lead PI**, *“Monitoring and Minimizing Water Use by Rangeland Weeds in a Changing Climate”*

EPSCoR Track 2 MICRA (\$4,823) 2024–2025

- **Lead PI**

### ***Federal Capacity Funds***

Capacity Grant: Hatch 2024–2029

- Co-PI, “*Developing Integrated Weed Management (IWM) strategies for Kansas cropping systems*”

Capacity Grant: Hatch Multistate 2024–2029

- Co-PI, “*Optimizing forage and grazing cattle management*”

## **PUBLICATIONS**

---

### ***Book Chapters (3)***

**Westbrook, A. S.**, Nepal, J., & Ryan, M. R. (accepted). Warm season grass cover crops. In Duiker S. W. & Clark A. (Eds.), *Cover Crops for Sustainable Soil Management*. Burleigh Dodds.

**Westbrook, A. S.**, DiTommaso, A., & Menalled, F. D. (2025). Ecological principles in the study of edible weeds. In F. D. Menalled & R. Ebel (Eds.), *Agroecology of edible weeds and non-crops. Ecological and socio-economic potential of the associated plant biodiversity* (pp. 1–24). Elsevier.

**Westbrook, A. S.**, Nikkel, E., Clements, D. R., & DiTommaso, A. (2022). Modeling and managing invasive weeds in a changing climate. In L. H. Ziska (Ed.), *Invasive species and global climate change* (2nd ed., pp. 281–305). CABI.

### ***Peer-Reviewed Journal Publications (35)***

Milbrath, L. R., Morris, S. H., Biazzo, J., **Westbrook, A. S.**, & DiTommaso, A. (accepted). Seedling emergence of two knapweed (*Centaurea*) species from different soil depths. *Invasive Plant Science and Management*.

Xu, S., Özaslan, C., **Westbrook, A. S.**, Kezar, S., & DiTommaso, A. (2025). Effects of soil moisture on competition between a central New York State Johnsongrass (*Sorghum halepense*) biotype and corn. *Weed Science*, 10.1017/wsc.2025.10055.

Stup, R. S., **Westbrook, A. S.**, & DiTommaso, A. (2025). Friend or foe? Conservation and management of common milkweed (*Asclepias syriaca*). *Weed Technology*, 10.1017/wet.2025.10037.

Kochendoerfer, N., **Westbrook, A. S.**, McMillan, C. E., Lapierre, P. A., Zaman, M. A., Morris, S. H., DiTommaso, A., & Grodsky, S. M. (2024). Co-location of

sheep grazing and solar energy production yields agrotechnological synergies. *Agricultural Systems*, 229, 104403.

Yang, S., Chen, C., Yang, Y., Teng, L., Liu, J., Gui, W., Zhu, J., Zhou, W., **Westbrook, A. S.**, & DiTommaso, A. (2024). Differential responses of weeds and rice to shading stress from oilseed rape straw mulch. *Crop Protection*, 189, 107038.

**Westbrook, A. S.**, Wilcox, N.-R., Stup, R., Djuric, N., Xu, S., Coffey, R., Özaslan, C., Xia, R., Urmaza, S., Sher, M., & DiTommaso, A. (2024). What we still don't know about weed diversity: a scoping review. *Weed Research*, 64, 418-433.

Pratt, M. K., **Westbrook, A. S.**, & DiTommaso, A. (2024). Reproductive strategy, management, and medicinal uses of field horsetail (*Equisetum arvense*). *Weed Technology*, 38, e47.

Hameed, O., Ugine, T., **Westbrook, A. S.**, & Losey, J. (2024). Consumption of nectar-like sugar solutions promotes longevity and fecundity in coccinellids *Harmonia axyridis* and *Hippodamia convergens*. *Arthropod-Plant Interactions*, 18, 763–770.

**Westbrook, A. S.**, Stup, R., Morris, S., Ugine, T., & DiTommaso, A. (2024). Establishing flower strips near agricultural fields with minimal weed management. *Agriculture, Ecosystems & Environment*, 374, 109157.

Stup, R., **Westbrook, A. S.**, & DiTommaso, A. (2024). Impact of burial depth and root segment length on vegetative propagation of common milkweed (*Asclepias syriaca*). *Weed Science*, 72, 562–566.

Marschner, C. A., Colucci, I., Stup, R. S., **Westbrook, A. S.**, Brunharo, C. A., DiTommaso, A., & Mesgaran, M. B. (2024) Modeling weed seedling emergence for time-specific weed management: a systematic review. *Weed Science*, 72, 313-329.

**Westbrook, A. S.**, Morris, S., Stup, R., Xia, R., Coffey, R., & DiTommaso, A. (2024). Annual flower strips increase biodiversity even if planting is delayed. *Annals of Applied Biology*, 185, 81-90.

Shen, H., Dong, S., DiTommaso, A., **Westbrook, A. S.**, Li, S., Zheng, H., Zhi, Y., Zuo, H., Wang, Q., Liu, J. (2024). Physiological factors contribute to increased competitiveness of grass relative to sedge, forb and legume species under different N application levels. *Science of the Total Environment*, 906, 167466.

**Westbrook, A. S.**, & DiTommaso, A. (2023). Hybridization in agricultural weeds: a review from ecological, evolutionary, and management perspectives. *American Journal of Botany*, 110, e16258.

Esposito, M., **Westbrook, A. S.**, Maggio, A., Cirillo, V., & DiTommaso, A. (2023). Neutral weed communities: the intersection between crop productivity, biodiversity, and weed ecosystem services. *Weed Science*, 71, 301-311.

**Westbrook, A. S.**, Milbrath, L. R., Weinberg, J., & DiTommaso, A. (2023). Biology of Invasive Plants 3. *Vincetoxicum nigrum* (L.) Moench and *V. rossicum* (Kleopow) Barbarich. *Invasive Plant Science and Management*, 16, 3-26.

**Westbrook, A. S.**, Amirkhani, M., Taylor, A. G., Loos, M. T., Losey, J. E., & DiTommaso, A. (2023). Multi-Seed *Zea* Pellets (MSZP) for increasing agroecosystem biodiversity. *Weed Science*, 2, 160-171.

Kordbacheh, F., Mohler, C. L., Taylor, A. G., **Westbrook, A. S.**, Rahimian-Mashhadi, H., Alizadeh, H. M., & DiTommaso, A. (2023). Optimising cutting method and timing for the control of *Abutilon theophrasti* seed production. *Weed Research*, 63(1), 34-44.

Losey, J., Allee, L., Gill, H., Morris, S., Smyth, R., Wolleman, D., **Westbrook, A. S.**, & DiTommaso, A. (2023) Predicting plant attractiveness to coccinellids with plant trait profiling, citizen science, and common garden surveys. *Biological Control*, 176, 105063.

**Westbrook, A. S.**, & McAdam, S. A. (2022). The poisoned chalice of evolution in water: physiological novelty versus morphological simplification in Marsileaceae. *American Fern Journal*, 112(4), 320-335.

Averill, K. M., Morris, S. H., **Westbrook, A. S.**, Hunter, M. C., & DiTommaso, A. (2022). Ivyleaf morningglory (*Ipomoea hederacea* Jacq.) competition is not intensified by drought in silage corn in central New York State, USA. *Canadian Journal of Plant Science*, 102(5), 957-963.

DiTommaso, A., Mohler, C. L., & **Westbrook, A. S.** (2022). Response of hairy galinsoga (*Galinsoga quadriradiata*) to nitrogen, phosphorus, and competition from lettuce. *Weed Science*, 70(5), 579-586.

Averill, K. M., **Westbrook, A. S.**, Pineda-Bermudez, L., O'Briant, R. P., DiTommaso, A., & Ryan, M. R. (2022). Effects of Tertill® weeding robot on weed abundance and diversity. *Agronomy*, 12(8), 1754.

Wolff, A., **Westbrook, A. S.**, & DiTommaso, A. (2022). In the ruins: the neglected link between archaeology and weed science. *Weed Science*, 70(2), 135-143.

Magidow, L. C., DiTommaso, A., **Westbrook, A. S.**, Kwok, M. J., Ketterings, Q. M., & Milbrath, L. R. (2022). Soil characteristics of North American sites colonized by the non-native, invasive vines black swallow-wort and pale swallow-wort. *Northeastern Naturalist*, 29(1), 108-132.

Averill, K., **Westbrook, A.S.**, Morris, S., Kubinski, E., & DiTommaso, A. (2022). Silage corn yield is reduced by burcucumber competition and drought in New York State. *Weed Technology*, 36(1), 86-92.

**Westbrook, A. S.**, Bhaskar, V., & DiTommaso, A. (2022). Weed control and community composition in living mulch systems. *Weed Research*, 62(1), 12-23.

DiTommaso, A., Averill, K. M., Qin, Z., Ho, M., **Westbrook, A. S.**, & Mohler, C. L. (2021). Biomass allocation of *Vincetoxicum rossicum* and *V. nigrum* in contrasting competitive environments. *American Journal of Botany*, 108(9), 1646–1661.

Bhaskar, V., Bellinder, R. R., Reiners, S., **Westbrook, A. S.**, & DiTommaso, A. (2021). Significance of herbicide order in sequential applications to target weeds in a sunn hemp living mulch. *Weed Technology*, 35(4), 565-573.

**Westbrook, A. S.**, Han, R., Zhu, J., Cordeau, S., & DiTommaso, A. (2021). Drought and competition with ivyleaf morningglory (*Ipomoea hederacea*) inhibit corn and soybean growth. *Frontiers in Agronomy*, 3, 720287.

Bhaskar, V., **Westbrook, A. S.**, Bellinder, R. R., & DiTommaso, A. (2021). Integrated management of living mulches for weed control: a review. *Weed Technology*, 35(5), 856-868.

Little, N. G., DiTommaso, A., **Westbrook, A. S.**, Ketterings, Q. M., & Mohler, C. L. (2021). Effects of fertility amendments on weed growth and weed-crop competition: a review. *Weed Science*, 69(2), 132-146.

DiTommaso, A., Milbrath, L. R., Marschner, C. A., Morris, S. H., & **Westbrook, A. S.** (2021). Seed germination ecology of meadow knapweed (*Centaurea × moncktonii*) populations in New York State, USA. *Weed Science*, 69(1), 111-118.

**Westbrook, A. S.**, & McAdam, S. A. (2021). Stomatal density and mechanics are critical for high productivity: insights from amphibious ferns. *New Phytologist*, 229(2), 877-889.

**Westbrook, A. S.**, & McAdam, S. A. (2020). Atavistic stomatal responses to blue light in Marsileaceae. *Plant Physiology*, 184(3), 1378-1388.

### ***Publications in Review or Revision (3)***

**Westbrook, A. S.**, Djuric, N., Pelzer, C. J., Ball, M., Caldwell, B. A., DiTommaso, A., Marschner, C. A., & Ryan, A. (in revision). Effects of soil tillage and nutrient management on weed abundance during the transition to organic grain production. *Weed Science*.



**Westbrook, A. S.,** Butler-Jones, A. L., Morris, S. H., Goldman, M. B., Agrawal, A. A., & DiTommaso, A. (in revision). Deer browsing impacts seedbanks and plant communities over 18 years of post-agricultural succession. *PLoS One*.

Snider, G., Schrock, H., & **Westbrook, A. S.** (in review). Impacts of livestock grazing and prescribed fire on rangeland seedbanks: A review

### ***Outreach Publications (2)***

**Westbrook, A. S.** (2023) Research report: annual flower plantings on farms. *New York Certified Organic (NYCO)*.

**Westbrook, A. S.** (2023). Does drought favor crops or weeds? *Northeastern Weed Science Society* [Tied for first place in student contest].

### **PRESENTATIONS**

---

#### **Forage, Seedbanks, and Soil at Rannells Ranch**

Hatch Multistate Annual Meeting, August 2025

#### **Native Pasture Management**

K-State Research and Extension, Shawnee County, July 2025

#### **Functional composition and biodiversity of non-crop plant communities in extensively managed agricultural landscapes**

Department of Plant Pathology Seminar, March 2025

#### **Establishing Flower Strips near Agricultural Fields with Minimal Weed Management**

Weed Science Society of America, February 2025

#### **Control of Noxious Weeds: Sericea Lespedeza, Johnsongrass, Teasels**

Kansas Noxious Weeds Short Course, February 2025

#### **Tips and Tricks for Low(er)-Stress Academic Writing**

Agronomy Graduate Student Association, December 2024

#### **AI and Precision Agriculture Technologies for Soil-Water-Energy Nexus**

Panel participant, Kansas State AI Symposium, October 2024

#### **How Weed Management Practices Influence Weed Communities**

Cornell Cooperative Extension, May 2024

#### **Planting Time Influences Annual Flower Strip Establishment when Weed Abundance is Low**

Northeastern Weed Science Society, January 2024

**Integrating Ecology and Seed Technology to Improve Establishment of Pollinator Plants**

Cornell Seed Conference, November 2023

**Vulnerabilities in Weed Biology**

Cornell Cooperative Extension, March 2023

**Multi-Seed Zea Pellets (MSZP) for Increasing Agroecosystem Biodiversity**

Northeastern Weed Science Society/Weed Science Society of America, January 2023

Awarded first place in NEWSS graduate student presentation contest

**Biology, Ecology, and Management of Invasive Swallow-worts (*Vincetoxicum* spp.)**

Upper Midwest Invasive Species Conference, October 2022

**Effects of Tertill® Weeding Robot on Weed Abundance and Diversity**

Northeastern Weed Science Society, July 2022

Awarded second place in graduate student presentation contest

**PEER REVIEW**

---

**Associate Editor**, *Invasive Plant Science and Management* (2024–present)

**Outstanding Paper Committee**, *Invasive Plant Science and Management* (2025–present)

(Co-)reviewed articles for *Agronomy*, *Agronomy for Sustainable Development*, *Biological Conservation*, *BMC Ecology*, *Crop Science*, *Environmental Entomology*, *Frontiers in Sustainable Food Systems*, *Invasive Plant Science and Management*, *MDPI Agronomy*, *North American Colleges and Teachers of Agriculture*, *NeoBiota*, *Pest Management Science*, *Preslia*, *Weed Biology and Management*, *Weed Research*, *Weed Science*, as well as university and national grant applications

**PROFESSIONAL AFFILIATIONS**

---

<b>Soil and Water Conservation Society</b> <i>Emerging Leaders Program</i>	2025–present
---	--------------

<b>Crop Science Society of America</b>	2025–present
--	--------------

<b>Society for Range Management</b>	2025–present
-------------------------------------	--------------

<b>North American Colleges and Teachers of Agriculture</b>	2024–present
--	--------------

<b>Gamma Sigma Delta</b>	2024–present
--------------------------	--------------

<b>American Society of Agronomy</b>	2024–present
-------------------------------------	--------------

<b>Weed Science Society of America</b>	2023–present
--	--------------